



November 2024



VMS Family Counseling Services

# IN-PERSON TRAININGS

PLEASE R.S.V.P. BY 5:00 PM THE DAY BEFORE EACH TRAINING



POR FAVOR, CONFIRMAR ASISTENCIA ANTES DE LAS 5:00 P. M. DEL DÍA ANTERIOR A CADA CAPACITACIÓN.

WED 11/6  
&11/20

10am - 12pm: PARENTING FROM THE INSIDE OUT

FRI 11/8

10 - 11:30am: COFFEE CONNECTIONS

SAT 11/9

9 am- 12pm:APOYO A LAS FAMILIAS BIOLOGICAL-ISFC

WED 11/13

10am - 12pm MINDFULNESS

VIE 11/15

10 - 11:30am: CAFE DE CONEXIONES

TUE 11/19

12 - 3pm: SUPPORTING BIO FAMILIES-ISFC

SAT 11/23

9 - 11am: SUPPORT GROUP

LUN 11/25

12 - 3pm: APOYO A LAS FAMILIAS BIOLOGICAL - ISFC



ALEJANDRA@VMSFAMILYCS.COM

559-515-6062

