

RSVP: (559) 515-6062 or alejandra@vmsfamilycs.com

TRAINING FEBRUARY 2025

PLEASE R.S.V.P. BY 5 PM THE DAY BEFORE EACH TRAINING

POR FAVOR CONFIRME SU ASISTENCIA ANTES DE LAS 5 PM DEL DÍA ANTERIOR A CADA ENTRENAMIENTO

Feb 7

Coffee Connections
10 - 11:30 AM

Feb 8

Necesidades educativas
9AM - 12 PM

Feb 10

Educational Needs6-9 PM

Feb 12

Autocuidado 10 AM - 12 PM

Feb 14

Conexiones de café

Feb 19

Mindfulness 10 AM - 12 PM

Feb 25

LGBTQ 10 AM - 12 PM

Feb 26

Self-care 10 AM - 12 PM